

Questions marked with an asterisk(\*) are mandatory.

## INSTRUCTIONS TO 4-H CAMP COUNSELORS

Welcome 4-H Camp Counselor!!! Thanks for your willingness to participate in this research study about the 4-H camp counseling experience. Your contribution is very important. This is the first survey of its kind to be conducted on Ohio 4-H. The information may help to improve or strengthen the 4-H camp counseling experience in the future.

**Incentive.** If you complete the survey and submit your answers by July 30 your code number will be placed in a **drawing for one of four \$25 gift certificates to Wal-mart, Target, or Meijer.**

### Participation Safeguards

To ensure that your rights are protected, we want you to know the following:

- Participation in the survey is voluntary.
- You may stop any time.
- You may skip individual questions if they make you uncomfortable or you consider them too personal.
- There are no consequences if you do not participate.
- The information you provide in the survey is confidential.
- The completion of the survey will not be done until the end of the questions by selecting the submit button.
- If the unlikely event that you become upset or distressed as a result of your participation in this study, you may contact your local 4-H agent, the county mental health department, or your high school counselor. You can find a local phone number at this website by clicking on your county:  
<http://www.odadas.state.oh.us/rfc/Boards/Boards>.

**The Code Number.** The letter that was sent to your parents has a code number at the bottom of the second page. When it is entered into the website questionnaire it will identify that we have heard from you. We will use it to know who has returned the survey and who should receive a reminder notice. It will also be used to enter you into the drawing for the gift certificates mentioned above.. These are the only times that the information will be identified and only the research team will have access to these codes. The data will be entered using the Internet survey tool Zoomerang. This will help us to protect your confidentiality.

1. \*I have read the above information and agree to participate in the survey.  
YES                      NO

SUBMIT ARROW

2. Enter the code number from the letter that your parents received: \_\_\_\_\_

If your code number is drawn, which store would you like to receive the \$25.00 gift certificate to? (Select one.) Drop down box with Meijers, Target, and Wal-Mart

**Directions:** Answer all questions based on your camp counseling experience for the camp program, even if some selection or training began in the fall of 2003. The camp counseling experience includes any counselor selection activities, camp counselor training, camp planning, on-site training, individual preparation for meetings or for camp as well as being at camp. The survey should take approximately 35-45 minutes to complete.

When using drop-down boxes, if the contents of the box is highlighted, using the mouse wheel to scroll will change what appears in the box. Be sure to click outside the drop-down box and check that the answer you have selected is correct before advancing to the next question.

The survey is divided into parts and there are multiple *SUBMIT* buttons. If you need to go back to a previous section, you may click on the back button and it will take you to the previous page.

#### Part 1 – Your 4-H Camp Counseling Experience

##### Camp Counselor Role

4. For the 2004 camp season, my role is (select one):

- Camp Counselor
- Counselor-in- Training (CIT)

5. How many years have you been a counselor or CIT, including this year?

- 1
- 2
- 3
- 4
- 5
- over 5

6. At which type of camp have you been (or will you be) a counselor or CIT? (Select one.)

- Resident (overnite)
- Day Camp
- Both

7. Select the camp facility where you have been (or will be) a camp counselor or CIT this year. Select all that apply:

- 4-H Camp Clifton
- 4-H Camp Conger

- 4-H Camp Graham
- 4-H Camp Hervida
- 4-H Camp Ohio
- 4-H Camp Palmer
- 4-H Camp Piedmont
- 4-H Camp Whitewood
- Canter's Cave 4-H Camp
- Harbor Point
- Indian Hills 4-H Camp
- Kelly's Island 4-H Camp
- Richland Rural Life Center
- Tar Hollow
- County Fairgrounds
- Day Camp site
- Other facility \_\_\_\_\_

8. Number of camps you will be a counselor at for 2004

- 1
- 2
- 3
- more than 3

9. How many days have you spent (or will you spend) as a camp counselor or CIT at an **overnight** camp in 2004? [drop down box]

10. How many days have you spent (or will you spend) as a camp counselor or CIT at a **day camp** in 2004? (*Fill in blank with number of days*)

11. How many of these days at day camp or overnight camp have you **already completed** for 2004? (*Fill in blank with number of days*)

### **Your Responsibilities as a Counselor or CIT**

Directions: If you have been (or will be) a counselor or CIT at more than one camp, answer the following questions for the camp with the most campers:

12. While at camp, did you have (or will you have) responsibilities to work with a group of campers assigned to your cabin/sleeping quarters?

- Yes       No

13. How many campers did you have (or will you have) in your cabin? (If cabin assignments are not yet completed, select the approximate number of campers.)

Drop down box with numbers

14. Including yourself, how many counselors, including CITs, will be in your cabin?

- 1     2     3     More than 3

15. While at camp, did you have (or will you have) responsibilities at camp working with groups of campers as a \_\_\_\_\_ tribe or group leader?

Yes     No     Not sure

16. Did you work (or will you be working with) other counselors working with the same tribe or group with you?

Yes     No     Not sure

17. How many campers were (or will be) in your tribe or group? (*Fill in blank with number of campers*)

\_\_\_\_\_ don't know

.....  
*You have completed the first section. Keep up the good work!*

SUBMIT ARROW

### **Your Teaching and Leadership Roles**

Directions: If you were (or will be) a counselor or CIT at more than one camp, answer questions about teaching and leadership roles for all the camps combined. For example, if you taught showmanship at horse camp and crafts at county camp and games at Cloverbud Day Camp, you can select all of those items.

18. Did you have (or will you have) assignments at camp to **TEACH** campers? (For this question, teach means where you have to show the campers how to do something or learn something new. For example, a craft, how to fish, how to make a rocket, how to braid a mane, etc.)

Yes

No

19. What topic(s) did you (or will you) teach in a structured format, such as during a workshop or option time? (Select all that apply)

Animal Science     Boating/Canoeing     Crafts(all types)

Dance     Drama/Clowning     Fishing

Nature     Outdoor Cooking/Cooking     Photography/Powerpoint

Pioneer Skills     Shooting Sports     Songs

Sports (all types)  Swimming     Other, please specify:

20. Were you asked to prepare a lesson plan for any of the topics?

Yes

No

Not sure

21. What topics or tasks did you (or will you) teach in an informal way? This may be when you have to show a camper how to do something like set or clean the table, fold the flag, plan a skit, etc. (Select all the apply)

Cabin, group living skills  
Citizenship/Flags  
Games  
Songs  
Other, Please Specify: \_\_\_\_\_

22. Did you (or will you) have responsibilities to **LEAD** a committee or group of counselors to lead or plan a specific activity for the campers?  
\_\_\_\_ Yes  
\_\_\_\_ No

23. How many activities did you (or will you) **lead**?  
\_\_\_\_ 1  
\_\_\_\_ 2  
\_\_\_\_ 3  
\_\_\_\_ 4  
\_\_\_\_ 5  
\_\_\_\_ over 5

24. Did you (or will you) have responsibilities to **SERVE** on a committee with other counselors to plan a specific activity for the campers?  
\_\_\_\_ Yes  
\_\_\_\_ No

25. Besides the committees you have led (or will lead), how many other committees did you (or will you) serve on?  
\_\_\_\_ 1  
\_\_\_\_ 2  
\_\_\_\_ 3  
\_\_\_\_ 4  
\_\_\_\_ 5  
\_\_\_\_ over 5

26. On which committees did you (or will you) lead or serve? Select all that apply.  
\_\_\_\_ Campfire                      \_\_\_\_ Evening recreation                      \_\_\_\_ Candlelighting  
\_\_\_\_ Vespers                              \_\_\_\_ Flag ceremonies                      \_\_\_\_ Group Games  
\_\_\_\_ Dance                                      \_\_\_\_ Scavenger Hunt                      \_\_\_\_ Counselor Hunt  
\_\_\_\_ Special Event                      \_\_\_\_ ASE/Low initiatives/Ropes  
\_\_\_\_ Swim meet or Olympic Games                      \_\_\_\_ Other, Please Specify

.....  
*Two sections done. You are moving right along!*

**Your Participation in Counselor Training and Camp Planning**

27. How was training and planning for camp conducted in your county? (Select one)  
Training and planning are conducted at separate meetings

Training and planning are conducted during the same meetings

28. If training and planning meetings ARE CONDUCTED AT SEPARATE MEETINGS, how many counselor **training** meetings have you attended this year? If not certain, select an approximate number.

1       2       3       4       5  
 6       7       8       9       10  
 over 10     Not sure

29. If training and planning meetings ARE CONDUCTED AT SEPARATE MEETINGS, how many camp **planning** meetings have you attended this year? If not certain, select an approximate number.

1       2       3       4       5  
 6       7       8       9       10  
 over 10     Not sure

30. If training and planning meetings are CONDUCTED DURING THE SAME MEETING, what is the **total** number of counselor meetings you have attended this year?

1       2       3       4       5  
 6       7       8       9       10  
 over 10     Not sure

31. If the amount of required counselor training is determined by the number of meetings, in how many **meetings** were you expected to participate? (Select one)

1-2 meetings  
 3-5 meetings  
 over 10 meetings  
 No training requirements  
 Not sure  
 Attend as many as possible  
 Other

32. If the amount of required counselor training is determined by the number of hours, in how many **hour** of training were you expected to participate? (Select one)

33. What are the consequences if counselors do not participate in the required training prior to going to camp? (Select all that apply.)

They won't get to go to camp  
 They have to make up the time  
 They have to view a video  
 They have to teach at a counselor meeting  
 No consequences  
 Not sure  
 Other, Please Specify:

34. Did you participate this year in any training held at the site where you have served (or will serve) as a camp counselor?

Yes

No

35. How long was the on-site training? (Do not include the hours between “lights out” and “the time to wake up” *List number of hours* \_\_\_\_\_)

36. Did you receive any training on including the “Eight Key Elements of Positive Youth Development” related to planning and conducting camp?

Yes

No

Not sure

37. In addition to meetings or trainings planned and led by the county 4-H agent, program assistant, or adult volunteers working with camp, did you (or will you) spend any time preparing for your responsibilities as a camp counselor (Do not include normal camp packing of clothes, toiletries and bedding.)

Yes

No

Probably

38. In what types of activities have you participated (or will you participate)? (Select all that apply.)

Attending camp committee meetings

Shopping for supplies

Gathering supplies or equipment that you have at home

Borrowing supplies or equipment from other places

Making decorations, name tags, etc.

Meeting with other counselors with whom you share responsibilities

Preparing for teaching/leading camp activities

39. Approximately how much time did you (or will you) spend doing the tasks you identified in the previous question? *List the number of hours*

\_\_\_\_\_

40. How many adults, including volunteers and extension staff members, have been involved in planning or conducting camp? (Do not include paid camp staff.)

.....  
*Three sections done. Your time and effort in completing this is helping 4-H!*

*SUBMIT ARROW*

## **Your Opinions About Camp**

41. **Directins:** Select the response that best describes your opinion about the following statements.

The adult volunteers and Extension staff respect the opinions and ideas of the counselors  
\_\_\_ Very Much     \_\_\_ Quite a Bit     \_\_\_ Somewhat     \_\_\_ Not at all

The adult volunteers and Extension staff expect the counselors to plan a majority of the activities at camp.  
\_\_\_ Very Much     \_\_\_ Quite a Bit     \_\_\_ Somewhat     \_\_\_ Not at all

As a counselor or CIT, I have felt involved with planning camp and preparing to be a camp counselor?  
\_\_\_ Very Much     \_\_\_ Quite a Bit     \_\_\_ Somewhat     \_\_\_ Not at all

**Directions:** Use the space provided to complete the following statements and questions.

42. I would describe the adults who work with the campers and counselors at camp as:

\_\_\_\_\_

43. So that I could become a better camp counselor or CIT, I would say that adult volunteers and Extension staff have taught me \_\_\_\_\_

44. How would you describe your experiences working with children at 4-H camp?

45. What would you say is the most beneficial aspect of being a camp counselor or CIT at 4-H Camp?

46. What would you say in the least beneficial aspect of being a camp counselor or CIT at 4-H Camp?

47. Think about your role in camp. How important are you to how 4-H camp is conducted?

48. What would be different if there were no camp counselors or CITsin 4-H camp?

49. Think about something that you have done at camp—in a leadership role—that you think was “Great.” You can define “Great” in whichever way that you prefer. Describe what you did that was “Great.”

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*Four sections done. No more writing, just clicking boxes!*

*SUBMIT ARROW*

**Part 2 – Describing What You Have Learned**

Directions: Based on your involvement during 2004, please rate whether you have had the following experiences in any aspect of being a 4-H camp counselor or CIT.

**50 IDENTITY EXPERIENCES: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

I tried doing new things	1	2	3	4
I tried a new way of acting around people	1	2	3	4
I do things here I don't get to do anywhere else	1	2	3	4
I started thinking more about my future because of this activity	1	2	3	4
This activity got me thinking about who I am	1	2	3	4
This activity has been a positive turning point in my life	1	2	3	4

**51. INITIATIVE EXPERIENCES: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

I set goals for myself in this activity	1	2	3	4
I learned to find ways to achieve my goals	1	2	3	4
I learned to consider possible obstacles when making plans	1	2	3	4
I put all my energy into this activity	1	2	3	4
I learned to push myself	1	2	3	4
I learned to focus my attention	1	2	3	4
I observed how others solved problems and learned from them	1	2	3	4
I learned about developing plans for solving a problem	1	2	3	4
I used my imagination to solve a problem	1	2	3	4
I learned about organizing time and not procrastinating (not putting things off)	1	2	3	4
I learned about setting priorities	1	2	3	4
I practiced self discipline	1	2	3	4

**52. BASIC SKILLS: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

I learned about controlling my temper	1	2	3	4
I became better at dealing with fear and anxiety	1	2	3	4
I became better at handling stress	1	2	3	4
I learned that my emotions affect how I perform	1	2	3	4
<b>53 BASIC Skills:</b> In this activity I have improved:				
Academic skills (reading, writing, math, etc.)	1	2	3	4
Skills for finding information	1	2	3	4
Computer/internet skills	1	2	3	4

Artistic/creative skills	1	2	3	4
Communication skills	1	2	3	4
Athletic or physical skills	1	2	3	4

**54. INTERPERSONAL RELATIONSHIPS: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

I made friends with someone of the opposite gender	1	2	3	4
I learned I had a lot in common with people from different backgrounds	1	2	3	4
I got to know someone from a different ethnic group	1	2	3	4
I made friends with someone from a different social class (someone richer or poorer)	1	2	3	4
I learned about helping others	1	2	3	4
I was able to change my school or community for the better	1	2	3	4
I learned to stand up for something I believed was morally right	1	2	3	4
We discussed morals and values	1	2	3	4

**55. TEAM WORK AND SOCIAL SKILLS: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

I learned that working together requires some compromising	1	2	3	4
I became better at sharing responsibility	1	2	3	4
I learned to be patient with other group members	1	2	3	4
I learned how my emotions and attitude affect others in the group	1	2	3	4
I learned that it is not necessary to like people in order to work with them	1	2	3	4
I became better at giving feedback	1	2	3	4
I became better at taking feedback	1	2	3	4
I learned about the challenges of being a leader	1	2	3	4
Others in this activity counted on me	1	2	3	4
I had an opportunity to be in charge of a group of peers	1	2	3	4

**56. ADULT NETWORKS : IN THE 4-H CAMP COUNSELING EXPERIENCE...**

This activity improved my relationship with my parents/guardians	1	2	3	4
I had good conversations with my parents/guardians because of this activity	1	2	3	4
I got to know people in the community	1	2	3	4
I came to feel more supported by the community	1	2	3	4
This activity opened up job or career opportunities for me	1	2	3	4
This activity helped prepare me for college	1	2	3	4
This activity increased my desire to stay in school	1	2	3	4

**57. NEGATIVE EXPERIENCES: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

Demands were so great that I didn't get homework done	1	2	3	4
This activity interfered with doing things with family	1	2	3	4
This activity has stressed me out	1	2	3	4
I felt pressured by peers to do something I didn't want to do	1	2	3	4
I did something in this activity that was morally wrong	1	2	3	4
I was ridiculed by peers for something I did in this activity	1	2	3	4
Youth in this activity got me into drinking alcohol or using drugs	1	2	3	4
I felt like I didn't belong in this activity	1	2	3	4
I felt left out	1	2	3	4
There were cliques in this activity	1	2	3	4
I get stuck doing more than my fair share	1	2	3	4
Other youth in this activity made inappropriate sexual comments, jokes, or gestures	1	2	3	4
I was discriminated against because of my gender, race, ethnicity, disability, or sexual orientation	1	2	3	4

**58 Inappropriate Adult Behavior: IN THE 4-H CAMP COUNSELING EXPERIENCE...**

Adult leaders in this activity are controlling and manipulative	1	2	3	4
Adult leaders "hit" on me (made sexual advances)	1	2	3	4
Adult leaders made inappropriate sexual comments or jokes	1	2	3	4
Adult leaders encouraged me to do something I believed morally wrong	1	2	3	4

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*The longest section is behind you. Just 8 more quick questions about you and you're all done!*

SUBMIT ARROW

59. County Drop

Down box with 88 counties and Adventure Central

60. How many years did you attend 4-H camp as a camper?

Drop down box with 0 to 10

61. How many years have you been a 4-H member?

Drop down box with 1 to 14 and never

62. I am a member of a 4-H Club

\_\_\_ Yes

No

63. I am enrolled in 4-H in another way

Yes

NO

If YES, list how:

64 Age as of January 1, 2004:

65. Gender

M

F

66. Grade in School, 2003-2004 School Year

8<sup>th</sup>

9<sup>th</sup>

10<sup>th</sup>

11<sup>th</sup>

12<sup>th</sup>

College

High school graduate